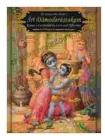
# Sri Damodarastakam: Krishna Controlled By Love and Affection



Sri Damodarastakam is a beautiful prayer to Lord Krishna, describing his enchanting form and his loving nature. It is traditionally recited during the month of Kartik (October-November), and is said to be especially powerful during the Damodarastakam vrata, a day of fasting and prayer dedicated to Lord Krishna.

The prayer consists of eight verses, each of which describes a different aspect of Krishna's form or personality. The first verse describes Krishna's

beautiful face, with its lotus-like eyes and charming smile. The second verse describes his peacock-feather crown and his flute, which he plays so sweetly that it captivates the hearts of all who hear it.



### Sri Damodarastakam: Krsna – Controlled by Love and

**Affection** by Sri Srimad Bhaktivedanta Narayana Gosvami Maharaja

★★★★★ 5 out of 5

Language : English

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Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

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The third verse describes Krishna's yellow silk garment, which is decorated with a bFree Download of blue sapphires. The fourth verse describes his lotus feet, which are so soft and delicate that they can crush the petals of a lotus flower without causing it any harm.

The fifth verse describes Krishna's stomach, which is marked with three lines, indicating that he is the Supreme Lord who has created, sustains, and destroys the universe. The sixth verse describes his arms, which are long and strong, and which he uses to protect his devotees from all dangers.

The seventh verse describes Krishna's chest, which is broad and muscular, and which is adorned with the mark of Srivatsa. The eighth verse describes

Krishna's entire body, which is said to be so beautiful that it can make even the gods jealous.

Sri Damodarastakam is more than just a description of Krishna's physical form. It is also a prayer to him, asking him to protect us from all dangers and to grant us his love and affection. The prayer ends with a request that Krishna always remain in our hearts, so that we may always be protected by his love and affection.

### The Meaning and Significance of Sri Damodarastakam

Sri Damodarastakam is a powerful prayer that can help us to develop a deeper relationship with Krishna. The prayer's eight verses describe Krishna's enchanting form and his loving nature, and they remind us of his omnipotence and his compassion.

By reciting Sri Damodarastakam, we can express our love and devotion to Krishna, and we can ask him for his protection and guidance. The prayer can also help us to develop a deeper understanding of Krishna's divine nature, and to appreciate his beauty and his love.

Sri Damodarastakam is a valuable prayer for anyone who wants to develop a closer relationship with Krishna. The prayer's beautiful verses and its heartfelt message can help us to remember Krishna's love and affection, and to surrender ourselves to his divine will.

#### How to Recite Sri Damodarastakam

Sri Damodarastakam can be recited at any time, but it is traditionally recited during the month of Kartik (October-November), and is said to be

especially powerful during the Damodarastakam vrata, a day of fasting and prayer dedicated to Lord Krishna.

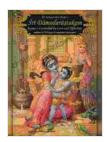
To recite Sri Damodarastakam, simply chant the following verses:

- Damodara damodara deva deha Bijo 'ham twam jananiya tawa daso 'ham sada
- 2. Morpheen meera sutum tvam avalokya nanda Mukham mudhitam wahad alakshidam yaahi madhyama
- 3. Ahan mridayam krupasindho piba madhur pani Gopananam twam suswadutaram braja sudhanidhe
- 4. Sreeniwaasa yasodha tanaya bhakthi dhwani Vithrutham thwam grilhasya tveswaya swayam siva
- 5. Kunda kumkuma sindhoorottharaanga divyam Vrajanaanga na liptwa bhaktha hrudbhi baahitham
- 6. Vallabhasya thwaya dasyam vachabhiharam vidyuthe Twaya sirasaa dadhaami twam mama sirasi deh
- 7. Maalaambuja siromani pavithra thwamasmi Balyam suddha rudham hari paada padma gande
- 8. Sri krishnaaya mamaastave namasthe te damodara Prabha teshu jagad bandhava paramam devaya

You can recite Sri Damodarastakam once or multiple times a day. If you are new to reciting the prayer, you may want to start by reciting it once a day, and then gradually increase the number of times you recite it as you become more familiar with the verses.

Sri Damodarastakam is a beautiful and powerful prayer to Lord Krishna. The prayer's eight verses describe Krishna's enchanting form and his loving nature, and they remind us of his omnipotence and his compassion. By reciting Sri Damodarastakam, we can express our love and devotion to Krishna, and we can ask him for his protection and guidance.

Whether you are a seasoned devotee of Krishna or you are just beginning to learn about him, I encourage you to recite Sri Damodarastakam regularly. The prayer's beautiful verses and its heartfelt message can help you to develop a deeper relationship with Krishna, and to experience his love and affection in your own life.



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