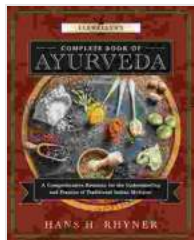


Llewellyn Complete of Ayurveda: Unlocking the Secrets of Ancient Healing Wisdom



Llewellyn's Complete Book of Ayurveda: A Comprehensive Resource for the Understanding & Practice of Traditional Indian Medicine (Llewellyn's Complete Book Series 9) by Richard Dotts

★★★★☆ 4.8 out of 5

Language : English
File size : 15884 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 684 pages
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Are you ready to embark on a transformative journey towards vibrant health and inner balance? Llewellyn Complete of Ayurveda is your ultimate guide to the ancient healing system of Ayurveda, revealing its profound principles and practical applications.

Immerse yourself in the wisdom of this 3,000-year-old tradition, as renowned Ayurvedic practitioner Dr. Santulan Kaushal unveils the secrets of:

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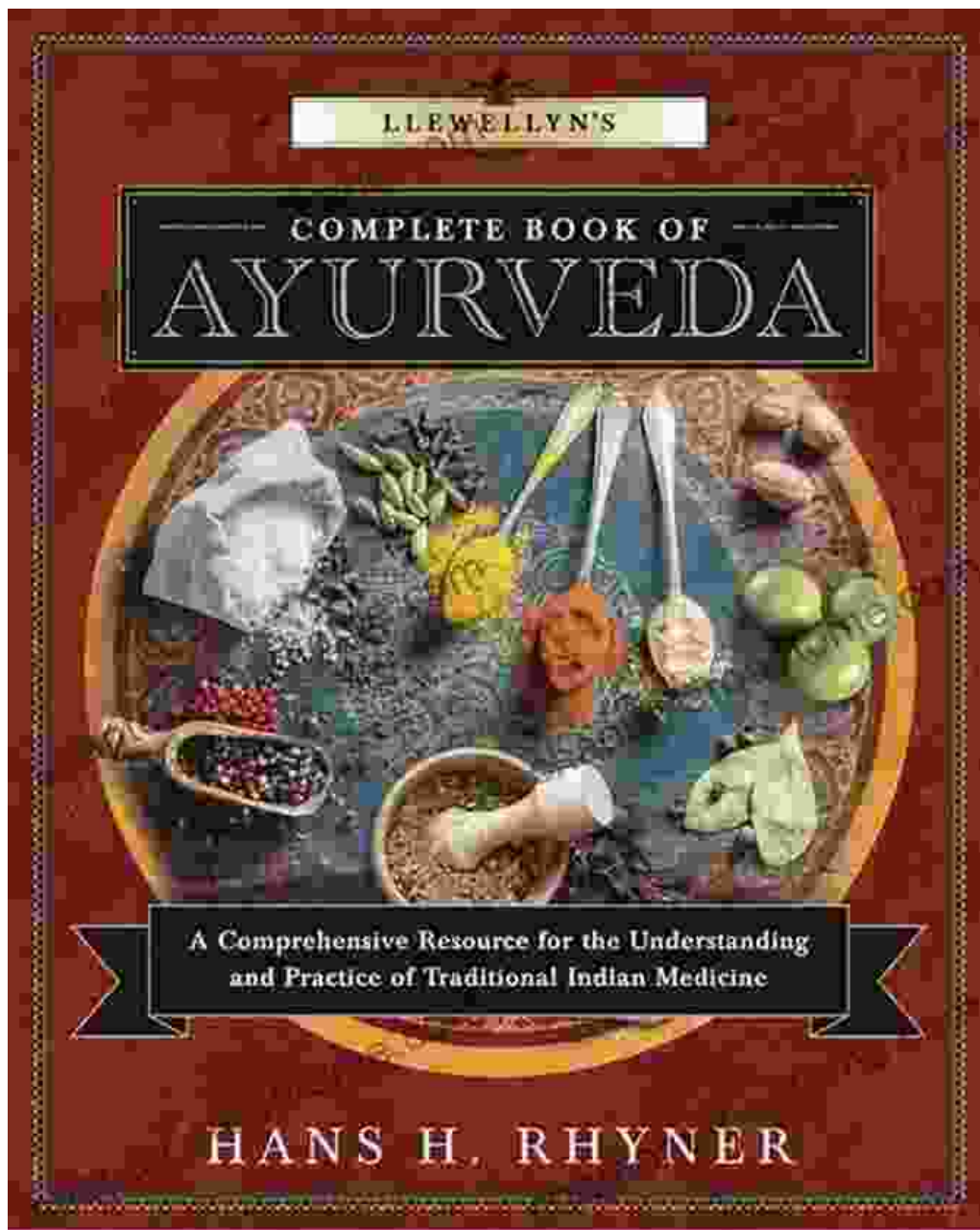
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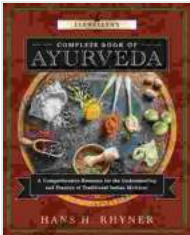
the profound principles and time-tested practices of Ayurveda and embark on a journey towards optimal health, well-being, and inner harmony.

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About the Author

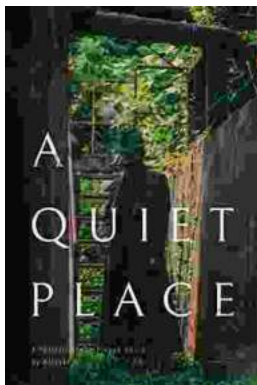
Dr. Santulan Kaushal is a renowned Ayurvedic practitioner, author, and educator with over 30 years of experience. He is the founder and director of the Ayurvedic Institute in Albuquerque, New Mexico, and has dedicated his life to sharing the wisdom of Ayurveda with the world.



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