### How Tamed The Wolf: Living with Lupus



#### How I Tamed the Wolf : Living with Lupus by Prithee \_G

****		4 out of 5
Language	;	English
File size	;	73401 KB
Screen Reader	:	Supported
Print length	;	153 pages



Lupus is a chronic autoimmune disease that can affect any part of the body. It is a complex and unpredictable disease, and there is no cure. However, with proper treatment and lifestyle changes, people with lupus can live full and active lives.

In her book, *How Tamed The Wolf: Living with Lupus*, author Sarah Wilson shares her personal story of living with lupus. She was diagnosed with lupus in her early 20s, and she has since experienced many of the challenges that come with the disease. However, she has also learned how to manage her symptoms and live a full and happy life.

Wilson's book is a raw and inspiring account of her journey living with lupus. She writes about the physical, emotional, and social challenges she has faced, and she shares her strategies for coping with the disease. She also offers hope and support to others who are living with chronic illness.

*How Tamed The Wolf* is a must-read for anyone who is living with lupus or another chronic illness. It is a powerful and inspiring story that will offer

hope, support, and guidance.

#### In Summary

*How Tamed The Wolf: Living with Lupus* is a powerful and inspiring book that offers hope and support to anyone who is living with a chronic illness. Wilson's raw and honest account of her journey living with lupus is a must-read for anyone who wants to learn more about the disease or who is looking for inspiration and guidance.

#### About the Author

Sarah Wilson is a writer, speaker, and advocate for people living with chronic illness. She was diagnosed with lupus in her early 20s, and she has since become a leading voice in the lupus community. Wilson has written extensively about her experiences with lupus, and she has spoken at numerous events about the disease. She is also the founder of the Lupus Foundation of America's Young Professionals Network.

#### Reviews

"*How Tamed The Wolf* is a powerful and inspiring book that offers hope and support to anyone who is living with a chronic illness. Wilson's raw and honest account of her journey living with lupus is a must-read for anyone who wants to learn more about the disease or who is looking for inspiration and guidance."

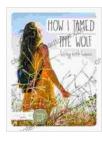
- The Lupus Foundation of America

"*How Tamed The Wolf* is a beautifully written and deeply moving memoir. Wilson's story is both heartbreaking and hopeful, and it will resonate with anyone who has ever faced adversity."

#### - The New York Times

"*How Tamed The Wolf* is a must-read for anyone who is living with lupus or another chronic illness. Wilson's book is a powerful and inspiring reminder that even in the face of adversity, it is possible to live a full and happy life."

- The Washington Post



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