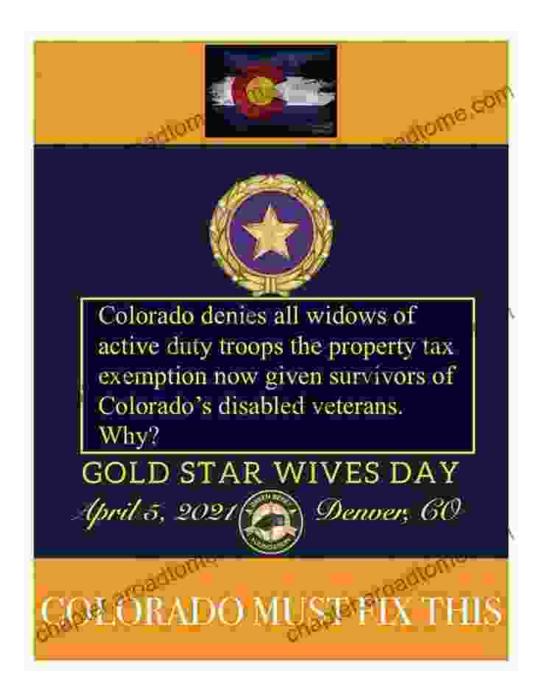
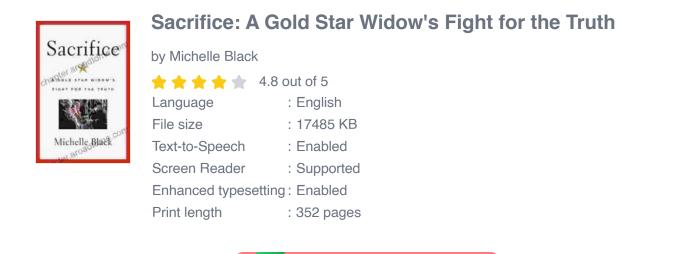
### Gold Star Widow: A Fight for the Truth



In her powerful and deeply moving memoir, "Gold Star Widow: Fight For The Truth," Kristin Urquiza recounts her journey as a Gold Star widow and her fight for gun control and mental health reform. With courage and resilience, Urquiza shares her story of loss and determination, inspiring readers to take action and make a difference.

#### A Gold Star Widow's Journey

Kristin Urquiza's husband, Mark, was a veteran of the Iraq War. In 2019, he died by suicide, leaving behind Kristin and their two young sons. As a Gold Star widow, Urquiza was filled with grief and anger. She struggled to make sense of her loss and to understand how her husband, a seemingly strong and stable man, could have taken his own life.



In the wake of her husband's death, Urquiza discovered that Mark had been struggling with mental health issues. She also learned that he had been denied access to adequate mental health care. This led Urquiza to become an advocate for mental health reform and for increased funding for mental health services.

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#### A Fight for Gun Control

In addition to her work on mental health reform, Urquiza is also a vocal advocate for gun control. She believes that the easy availability of guns in the United States contributes to the high rate of gun violence in the country.

Urquiza has spoken out against the gun lobby and has called for stricter gun control laws.

Urquiza's advocacy has had a significant impact. In 2020, she was named one of Time magazine's 100 Most Influential People. She has also been featured on numerous television and radio programs, and her work has been covered by major news outlets. As a result of her advocacy, Urquiza has helped to raise awareness of the issue of gun violence and has inspired others to take action.

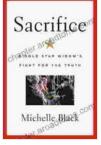
#### A Call to Action

In "Gold Star Widow: Fight For The Truth," Kristin Urquiza not only shares her story of loss and determination but also calls on readers to take action to make a difference. She urges readers to contact their elected officials and to support organizations that are working to prevent gun violence and to improve mental health care.

Urquiza's book is a powerful and inspiring call to action. It is a must-read for anyone who is concerned about the issues of gun violence and mental health. Through her courage and resilience, Urquiza has shown that it is possible to make a difference. By sharing her story and her advocacy, she is inspiring others to do the same.

"Gold Star Widow: Fight For The Truth" is a powerful and moving memoir that will stay with you long after you finish reading it. Kristin Urquiza's courage and resilience are an inspiration to us all. Her book is a must-read for anyone who wants to make a difference in the world.

#### Sacrifice: A Gold Star Widow's Fight for the Truth



by Michelle Black

🚖 🚖 🚖 🚖 4.8 out of 5	
Language	: English
File size	: 17485 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting : Enabled	
Print length	: 352 pages





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