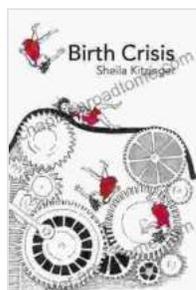


Birth Crisis: A Call for Urgent Action to Transform the Way We Give Birth

In her groundbreaking book, *Birth Crisis*, Sheila Kitzinger delivers a powerful indictment of the current state of maternity care. Drawing on decades of experience as a childbirth educator and advocate, she argues that the way we give birth is in a state of crisis, with potentially devastating consequences for both mothers and babies.

The Crisis in Maternity Care

Kitzinger identifies several key factors that have contributed to the crisis in maternity care. These include:



Birth Crisis by Sheila Kitzinger

★★★★☆ 4.8 out of 5

Language : English

File size : 3135 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 210 pages



- The rise of obstetric interventionism
- The decline of midwife-led care
- The lack of respect for women's autonomy

- The overmedicalization of birth

As a result of these factors, women are increasingly giving birth in hospitals, where they are subjected to unnecessary interventions, such as episiotomies, inductions, and Cesarean sections. These interventions can have a negative impact on both the physical and emotional health of mothers and babies.

The Impact of Birth Crisis

The crisis in maternity care has a number of negative consequences, including:

- Increased maternal morbidity and mortality
- Increased infant morbidity and mortality
- Psychological trauma for mothers and babies

- li>Increased healthcare costs

Kitzinger argues that the crisis in maternity care is a serious public health issue. She calls for urgent action to transform the way we give birth, with a focus on providing women with safe, respectful, and evidence-based care.

A Call for Change

Kitzinger's book is a call to action for all who are concerned about the state of maternity care. She outlines a number of specific steps that can be taken to improve the experience of childbirth for women and babies. These steps include:

- Increasing the availability of midwife-led care
- Reducing the use of unnecessary obstetric interventions

respecting women's autonomy in childbirth

- Providing women with evidence-based information about their options
- Investing in research on safe and effective childbirth practices

Kitzinger's book is a powerful and passionate argument for change. It is a must-read for anyone who cares about the future of maternity care.

About the Author

Sheila Kitzinger is a world-renowned childbirth educator and advocate. She is the author of over 20 books on childbirth and related topics. Her work has been translated into over 30 languages.

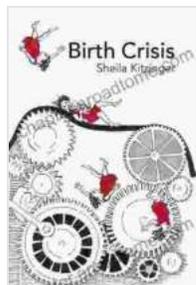
Kitzinger is a Fellow of the Royal Society of Medicine and a Visiting Professor at the University of East London. She is also the founder of the AIMS (Association for Improvements in the Maternity Services) program.

Kitzinger lives in London, England.

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When you Free Download your copy of Birth Crisis, you will be joining a growing movement of people who are working to transform the way we give birth. Together, we can create a better future for mothers and babies.



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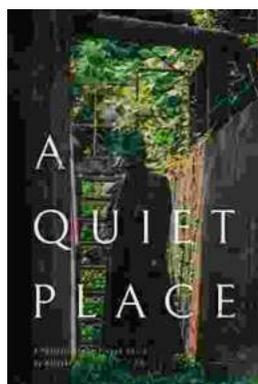
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